Amendments to the Claims

1. (Currently amended) An elastic member having exceptional release properties comprising a release layer, an elastic layer, and a base layer; said elastic member characterized in that:

the release layer is a fluororesin film;

the elastic layer is obtained by ~~loading~~filling an elastic body into the pores of a porous fluororesin film; and

the release layer is the top-~~surface~~most layer and is in contact with the elastic layer.

2. (Currently amended) The elastic member ~~according to~~as in claim 1, wherein the fluororesin film that constitutes the release layer and the porous fluororesin film that constitutes the elastic layer are bonded by thermal ~~welding~~bonding.

3. (Currently amended) The elastic member ~~according to~~as in claim 1, wherein the fluororesin film that constitutes the release layer is a polytetrafluoroethylene film.

4. (Currently amended) The elastic member ~~according to~~as in claim 3, wherein the polytetrafluoroethylene film is a porous polytetrafluoroethylene ~~compressed~~densified body.

5. (Currently amended) The elastic member ~~according to~~as in claim 1, wherein the porous fluororesin film that constitutes the above elastic layer is a porous polytetrafluoroethylene film.

6. (Currently amended) The elastic member ~~according to~~as in claim 1, wherein the elastic body that constitutes the elastic layer is a silicone rubber.

7. (Currently amended) The elastic member ~~according to~~as in claim 1, wherein the thickness of the release layer is 1 to 30 μm.

8. (Currently amended) The elastic member ~~according to~~as in claim 1, wherein the thickness of the elastic layer is 10 to 1000 μm.

9. (Currently amended) The elastic member ~~according to~~as in claim 1, wherein the base layer is composed of a metal or heat-resistant resin.

10. (Currently amended) The elastic member~~layer according to~~as in claim 1, wherein the above base layer is belt-shaped or roll-shaped.

11. (Currently amended) A toner fixing element, characterized by having the elastic member ~~according to~~as in claim 1.

12. (Currently amended) A fixing device, characterized by having the toner fixing element ~~according to~~as in claim 11.

13. (Currently amended) A method for manufacturing ~~producing~~ the elastic member ~~according to~~as in claim 1, comprising the following steps, wherein ~~said method for producing the elastic member characterized in that~~ the fluororesin film that constitutes the release layer and the porous fluororesin film that constitutes the elastic layer are thermally ~~welded~~bonded, liquid silicone rubber is subsequently filled ~~loaded~~ into the pores of the porous fluororesin film from the porous fluororesin film side, and the silicone rubber is then crosslinked.